SIMPLE TECHNIQUE:



Select a band that matches the height of the tooth, give it a little extra curl with your fingers and place it with the concave edge towards the occlusal margin.

2. PLACE THE WEDGE.

Place a finger on the band to prevent dislodgment and firmly wedge to seal the gingival margin.

3. PLACE THE RING.

Open the ring with Garrison Ring Placement Forceps and place it directly over the wedge, seating it as far gingivally as possible.

4. PREPARE YOURSELF FOR THE BEST CLASS II'S EVER!