

Clinical Case

IPR

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FitStrip™ is a tool that will be useful in any orthodontic practice. Thanks to it, we can precisely reduce the enamel during orthodontic treatment. Thanks to the comfortable handle, we can perform IPR in both the anterior and lateral sections (two are included in the set) which increases the effectiveness of the treatment because the assistant waits with the next size of the abrasive strip prepared. The big advantage of the system is the presence of both two-sided and one-sided strips and the possibility of curving the strips in order to better contour the contact surface. The included IPR key allows you to easily control the amount of space obtained using the FitStrip™ set.



Fig 1. State before orthodontic treatment – in the case of large crowding of teeth, it is not recommended to perform IPR immediately due to the difficult access to the tangent space of the teeth.

Fig 2. Condition during orthodontic treatment with Invisalign braces – teeth initially rotated.



Fig 3. Reduction of the interdental space using the FitStrip™ system.

Fig 4. To reduce the interdental space of rotated teeth, the strips can be tightened and arched to precisely perform the IPR.



Fig 5. If only one space needs to be reduced, one-sided strips can be used.

Fig 6. After the reduction is completed, assess using the IPR key.

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Fig 7. Final polishing with polishing strips.

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Fig 8. Condition after the reduction of the interdental space with the FitStrip™ – a place was created for further derotation of the incisors.

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